

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at University/state/national / international level during the last five years

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)	Documentar y evidence in Support
2023-24	Silver	Individual	3 ^{ra} Barpeta District Karate Championship	Sports	Nitish Roy	View File
	Bronze	Individual	India Open International Taekwondo Championship	Sports	Jesmina Yesmin	View File
	Gold	Individual	Khelo India Woman's Weightlifting Championship	Sports	Shikha Kiran Bayan	<u>View File</u>
	Gold	Individual	51 th All Assam State Weightlifting Championship	Sports	Shikha Kiran Bayan	View File
	Bronze	Individual	5 th Annual National Martial Arts Games 2023 at Guwahati	Sports	Jesmina Yesmin	<u>View File</u>
	Gold	Individual	Vocal Competition Organized by Sanskriti Sangam 2023	Cultural	Shilpi Roy	<u>View File</u>
	Bronze	Individual	Assam Sanskritik Mahasangram	Cultural	Nabanita Das	View file
2022-23	Gold	Individual	50 th All Assam State Weightlifting	Sports	Shikha Kiran Bayan	<u>View File</u>
	Gold	Individual	Kampur District Weightlifting Championship	Sports	Shikha Kiran Bayan	<u>View File</u>
	Silver	Team	Inter College Youth Festival (GU)	Cultural Procession	B. H College, Howly	<u>View file</u>
	Gold	Team	Inter College Youth Festival (GU)	Cultural (Folk orchestr	Nitu Medhi, Jukti Kashyap, Nitish Kalita, Sweety Ray, Nilaksi Das, Nisita Das, urmismita Engtipi	<u>View File</u>
	Silver	Team	Inter College Youth Festival (GU)	Cultural (Skit)	Kriti Kumar Bodo, Nitis Kalita, Anuradha Swargiary, Urmismita Engtipi	View File
	Silver	Team	Inter College Youth Festival (GU)	Cultural (Group Song)	Anuradha Swargiary, Jukti Kasyap, Seema Das, Nilakshi Das, Nisita Das	View File
	Gold	Individual	National Power lifting Championship	Sports	Shikha Kiran Bayan	<u>View File</u>

2021-22	Gold	Individual	India Open International Taekwondo Championship	Sports	Jesmina Yesmin	<u>View File</u>
	Silver	Individual	10 th Lower Assam Zone Inter District Karate Championship	Sports	Nitish Roy	View File
	Silver	Individual	2 ^{na} Barpeta District Karate	Sports	Nitish Roy	<u>View File</u>
	Silver	Individual	1 st Barpeta District Karate Championship	Sports	Nitish Roy	<u>View File</u>
	Silver	Individual	District Power lifting	Sports	Shikha Kiran Bayan	View File
	Gold	Individual	International Star Icon Universe World Pageant	Cultural	Nikita Das	<u>View File</u>
	Bronze	Team	Inter College Youth Festival (GU)	Cultural (skit)	Parswa Patgiri, Dipankar Das, Jugal Ray, Dhitismita Ray,Nibedita Das, Sushmita Bayan	View file
	Bronze	Individual	3 rd WTSKF All Assam Karate	Sports	Nitish Roy	View File
	Gold	Team	Inter College Youth Festival (GU)		Rinku Das, Shubhamsmit Ray, Kankan Deka, Dhirumani Ray, P.R Dhiman	<u>View file</u>
	Gold	Individual	Inter College Youth Festival (GU)	Cultural (Folk Song)	Barnali Nath	<u>View file</u>



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Principal B.H. College, Howly